

heart of toronto's waterfront

 **Harbourfront centre**

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FOR IMMEDIATE RELEASE

Discover a world of culinary events at Harbourfront Centre

Part of World Routes Summer Festivals 2010

TORONTO, ON (June 8, 2010) – This summer **Harbourfront Centre** is cooking up something more delicious than ever! From July 1 through to September 6, taste exotic, spicy and sweet culinary offerings from around the globe while exploring the cultural diversity of each summer festival.

The big idea behind all programming at this year's World Routes summer festivals is "*globalocal*", or global to local, a theme programmed into each festival to bring together rich artistic traditions from around the corner to around the globe!

From Brazilian delicacies at the **Expressions of Brazil Festival**, Caribbean treats at the **Island Soul Festival**, to the fiery dishes prepared at the **Hot & Spicy Food Festival**, this summer's lineup of food programming has something to please everyone's palate!

World Routes Summer Festivals with culinary programming:

Canada Day (July 1)

Harbourfront Centre is celebrating Canada's 143rd birthday with programming for all ages that explores the many cultures and artistic genres which form our Canadian identity.

- **Global Turns Local cooking demos**

July 1, 3:30 & 5:30 (Lakeside Terrace)

Mexican food with maple syrup and Indian food with a Canadian Slant are two of the dishes presented by **Chef Jose Hadad** of **Frida Restaurant and Bar**, **Chef Luis Valanzuela** of **Toritos Tapas Bar** and **Chef Preena Chauhan** of **Arvinda's**.

The Hot Spot (July 2-4)

The Hot Spot festival celebrates our global community by bringing together the hottest trends in food, music, film and dance. It takes a look at "*globalocal*" and how endangered local cultures have led to international efforts that have brought together food and music in the hopes of raising consciousness, while highlighting global edible creations and paying tribute to their emphasis on locality.

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- **Longo's® Canadian Iron Chef Competition**

July 3, 2–6 p.m. & July 4, 2 p.m. (Brigantine Room)

Focusing on local ingredients, top chefs from across Canada, like **Chef Scott Vivian** and **Chef Joshna Maharaj**, will be showing their culinary creativity in the hopes of becoming the **2010 Longo's® Canadian Iron Chef Champion**. Hosted by TV personality and **Chef Christian Pritchard**, the semi-finals take place on July 3 from 2–5 p.m. and the finals are July 4 at 3 p.m. The chef who comes out on top during the finals goes on to compete at **Hot & Spicy Food Festival** presented by NOW Magazine (August 13-15).

Expressions of Brazil (July 16-18)

The inaugural Expressions of Brazil festival showcases the connection between Canada and Brazil by presenting both international and local artists through culinary arts, music, dance, film, visual arts, theatre, family activities and workshops. Brazil is a country that combines a rich history and a contemporary appreciation for their culture.

- **Brazilian Cooking Demo**

July 17, 2:30 p.m. (Lakeside Terrace Tent)

Chef Mario Cassini, the successful owner and executive chef of the award-winning restaurant, **Cajù**, demonstrates his kitchen prowess for the public. Famous for its innovative Brazilian food served in a contemporary atmosphere, Cajù brings the true essence of Brazil to the people of Toronto through its culinary excellence.

Love, Saskatchewan (July 23-25)

Toronto unites with Saskatchewan to shatter stereotypes about the prairie province in the 21st Century. Chefs from out west show us what true Canadian cuisine is all about.

- **Taste of Saskatchewan Cooking Demo**

July 24, 4:30 p.m. & July 25, 4 p.m. (Lakeside Terrace)

Chef Beemal Vasani, Taj Mahal Restaurant will be serving up some of Saskatchewan's home grown tasty recipes that are easy to make and ready to eat meals from Farm to Table.

- **Taste of Saskatchewan Cooking Demo**

July 25, 2 p.m. (Lakeside Terrace)

Chef Dicki Yuzicapi presents a selection gourmet aboriginal dishes prepared with a modern twist. Dicki Yuzicapi has been a chef since 1999 and became the owner of **Sioux Chef Catering** in 2002 and his mission is to provide the highest quality of food with the best service.

Island Soul (July 30-Aug. 2)

Caribbean culture is celebrated through food, music and art. **Island Soul** is a weekend-long festival bridging the gap between Canada and the Caribbean Islands.

- **Caribbean Cooking Demos**

Aug. 1, 3 p.m. & Aug. 2, 3 & 5 p.m. (Lakeside Terrace)

Three top chefs demonstrate how to make the many variations of Caribbean dumplings and the island dishes to cook with them.

- **Best Caribbean Dumplings in Toronto Cook-Off**

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Aug. 1, 5-6 p.m. (Lakeside Terrace)

Vote for whomever you think makes the best Caribbean dumplings in Toronto. Voting is open from June 15-July 15, and on August 1 there will be a cook-off to determine the winner.

Hot & Spicy Food Festival presented by NOW Magazine (August 13-15)

The 13th anniversary of the Hot & Spicy Food Festival presented by NOW Magazine explores the lost origins of spices and foods, and their transformation as they move across the world. This festival brings global to local by showcasing local chefs who specialize in multicultural cuisine as well as international guest chefs and demonstrating how they each fit on the global culinary scene.

- **The Rhyming Chef**

Aug. 13, 7-8 p.m. & Aug. 15, 5 p.m. (Redpath Stage)

Combine hip hop with culinary arts and you have **The Rhyming Chef**, a unique and highly entertaining live show that features The Rhyming Chef (**Philman George**) cleverly infusing a spicy food demonstration with the hottest elements of hip hop culture.

- **Longo's International Iron Chef Competition**

Aug. 14, 1:30 p.m. & 4:30 p.m. (semi-finals), Aug. 15, 2 p.m. (finale) (Brigantine Room)

Gourmet chefs from around the world and Longo's **Canadian Iron Chef Competition Champion** show off their skills with secret ingredients and top culinary creativity. The winners of Saturday's semi-finals will compete in Sunday's finals to become the 2010 **Longo's International Iron Chef Competition Champion**, hosted by T.V. personality and **Chef Christian Pritchard**.

- **10 Tastes to Try Before You Die**

August 13, 14, 15 (Lakeside Terrace)

Some of the best chefs in the city explore the transformations of spices and foods around the world as they prepare dishes that everyone should try before they die.

Fortune Cooking Food Festival (Aug. 20-22)

The inaugural edition of this food festival will explore the delicious diversity of Pan Asian cuisine through demos, music and dance.

- **Best Night Market Cuisine Revealed!**

Aug. 20, (Lakeside Terrace Tent)

Night markets provide an opportunity to leisurely stroll, shop and above all eat! Participants can vote on-line for their favourite night market treat. The winner will be invited to demonstrate their tasty night market cuisine on the opening night of Fortune Cooking Food Festival.

- **Dumplings to Desire**

Aug. 21 & Aug. 22 (Lakeside Terrace Tent)

Dumplings to Desire is a two-day food series exploring the dumpling and its incarnations across provinces, countries and regions. We'll serve up diverse dumplings from across Asia, anything from **Tibetan Momos** and **Korean Mandu** to **Chinese Jiāozi** and **Japanese Dango**.

- **Dumplings to Desire (Chinese Jiāozi) - Chef Zhen Feng**

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Aug. 21, 2:30-3:30 p.m. (Lakeside Terrace Tent)

Mother's Dumplings teams up with Chinese Canadian National Council Toronto Chapter and demonstrates how to create their favourite Chinese dumplings.

- **Dumplings to Desire (Tibetan Beef and Vegetable Momos) - Chef Tenzin Yewong**

Aug. 22, 1-2 p.m. (Lakeside Terrace Tent)

Chef Tenzin Yewong from Tibet Café & Bar, located in the heart of Kensington Market demonstrates the art of creating **Tibetan Beef and Vegetable Momos**.

- **Dumplings to Desire (Japanese Dango) - Chef Mina Makimine**

Aug. 22, 4-5 p.m. (Lakeside Terrace Tent)

Chef Mina Makimine, the official chef at the residence of the **Consul-General of Japan in Toronto**, shares her passion for the culinary arts by serving up diverse dumplings from across Asia.

- **Dumplings to Desire (Bison-Kangaroo and Vegetable Momos)- Chef Robin Pradhan**

Aug. 22, 6-7 p.m. (Lakeside Terrace Tent)

In this incarnation of Dumplings to Desire, **Chef Robin Pradhan** demonstrates how to prepare **Bison-Kangaroo and Vegetable Momos** using both local and international ingredients.

- **The Art of Hand-Pulled Noodles**

Aug. 21 3:30-4:15 p.m. (Redpath Stage) & 4:30-5:30 p.m. (Kidzone Tent)

Noodle specialist **Chef Ken Sun** of **Sun's Kitchen** demonstrates the fine art of "La Main," (hand-pulled) and "Dao Xiao Main," (hand-shaved) noodles along with musical accompaniment provided by **Apex Shaolin Kung Fu Academy Drummers**. Families are welcome to take part in a handmade noodle-making workshop with Chef Ken Sun following the demonstration.

- **Fortune Cooking Iron Chef I Semi-Finals**

Aug. 21 1:30-2:30 p.m. & 4:30-5:30 p.m. (Brigantine Room)

The Fortune Cooking Iron Chef competition features Toronto restaurants representing various regions in East and South East Asia. Judges will grade competitors based on their creativity, fusion and ability to go beyond traditional recipes.

- **Fortune Cooking Iron Chef I Finale**

Aug. 22 2-3:30 p.m. (Brigantine Room)

The winner of Fortune Cooking Iron Chef 2010 will be decided and announced at the finale of this competition.

TELUS TAIWANfest Crossover (August 27-29)

TAIWANfest examines how people can *cross over* and keep their identity rather than abandon it. Taiwan is an island with cultural influences from all over the world and while the debate of new vs. old continues, the evolution of culture never stops.

- **"Chopsticking"**

Aug. 28, 2 p.m., 5 p.m. & 7:30 p.m. & Aug. 29, 1:30 p.m. & 4 p.m.

Featuring a Taiwanese focused exploration of the culinary arts. **Andrew Chase**, renowned food editor of Homemakers/Canadian Living magazine, shares his favourite recipes.

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For additional information and complete event listings, the public may visit harbourfrontcentre.com/worldroutes or call the Information Hotline at **416-973-4000**.

ABOUT WORLD ROUTES SUMMER FESTIVALS

World Routes is Harbourfront Centre's annual summer series of FREE festivals running every weekend from Canada Day through Labour Day. World Routes explores ideas in contemporary culture, bringing together rich, artistic traditions from around the globe. For summer 2010, Harbourfront Centre explores the idea of "globalocal" (global to local and local to global) with a festival line-up promising to entertain, stimulate and provoke.

ABOUT HARBOURFRONT CENTRE

Harbourfront Centre is an innovative, non-profit cultural organization which provides internationally renowned programming in the arts, culture, education and recreation, all within a collection of distinctive venues on the 10-acre site it operates in the heart of Toronto's downtown waterfront.

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Media can find additional resources at media.harbourfrontcentre.com/worldroutes, updated throughout the summer.

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